

## **Big Spring Aquatic Club**



We are pleased to announce that the Big Spring Aquatic club (BSAC) will begin its Winter Season on Monday, October 24, 2022! BSAC is a competitive swimming team that includes young athletes from kindergarten through high school. We compete against other area clubs at regular dual season meets, invitationals, and at division championships at the end of the season.

**8** and under swimmers: Young athletes who can swim the length of the pool (25 yards), unassisted, are eligible to join our team. Instruction in how to swim freestyle and backstroke are our primary focus. Swimmers who can swim the length of the pool are eligible to compete at meets once they are comfortable. Athletes are expected to attend two practices per week- only Monday and Wednesday.

8 & Under Practice:

October 24, 2022:

2 Days/week(Days TBA)

5:15pm - 6:15pm

<u>9 and over Swimmers</u>: All new and returning swimmers must be able to swim two lengths of the pool (50 yards), unassisted, using freestyle and backstroke OR must have completed Level III Red Cross swimming lessons. **Athletes must attend three practices per week to compete at meets** (flexible in the beginning of the season as athletes may have conflicts with other sports).

Age Group Practice:

October 24 2022:

Monday through Friday

5:15pm - 7:00pm

All practices are held at the **Big Spring High School Natatorium**, 100 Mt. Rock Road, Newville, PA 17241.

**How to Join:** Registration can be done via our <a href="https://www.swimbsac.org">www.swimbsac.org</a> website. All swimmers must be registered, and all fees must be paid prior to the athlete entering the water on the first day of practice. Financial assistance available. If you have any questions, please use the "Contact Us" form on the website.

\*\*There will be a **MANDATORY** Parents and Athletes Meeting where a Team/Parent Handbook and liability form must be signed by all athletes and Parents to participate. Due to insurance regulations, no child will be allowed to swim unless they have paid their Registration Fee and liability forms are signed.

## Costs

Note: Team Suits are required. \*Applied at registration. There may be a mandatory fundraiser or an optional buy-out. The

complete fee is listed below.

	Registration Cost
H.S. Swimmer	\$30
9 & over Swimmer	\$180
8 & under Swimmer	\$130
Team Suit	\$50

This is a parent run organization. All fees go towards pool costs, insurance, swim fees and expenses. **Contact Information:** <a href="mailto:swimbigspring@gmail.com">swimbigspring@gmail.com</a>